



Little Bob Lake, ON. Photo by Joy Cinq-Mars, 2023 Lake Biodiversity Photo Challenge.

Upcoming Lake Blitz Awards Celebrating Dedicated Volunteers

With the monitoring season coming to an end, the Lake Blitz Awards are approaching! Anyone who monitored at least 10 times from May to September will be entered to win 1 of 3 prize packs in recognition of this work. Plus, the volunteer that collected the most data points throughout the 2023 National Lake Blitz will also receive a prize. Stay tuned for the winners announcement next month!

Not ready for the monitoring season to be over? Enthusiastic volunteers are welcome to monitor in October. Monitoring weekends are October 13th-15th and 27th-29th. Note that there will be no reminder emails for these weekends as this monitoring is optional.

Stay connected this fall and winter

Have you joined the Lake Blitz Community Group on Facebook yet? Join today to connect with other volunteers, reflect on a successful monitoring season and stay up to date with lake news!

[JOIN THE GROUP](#)

Lake Stories



Lake Blitz volunteer Ben Herringer monitoring Long Lake, NS.

As a Geographic Information Systems student hoping to enter the nature conservation field, Ben Herringer is monitoring **Long Lake, Nova Scotia** to learn more about lake ecosystems and climate impacts. Located 20 minutes outside of downtown Halifax, Ben worries about the impacts of pollution to this popular lake destination.

On a recent monitoring weekend, Ben recorded his experience using the Level 2 kit (which collects pH and water clarity measurements in addition to Level 1 parameters). Learn more about Ben and watch his awesome 1.5 minute video in the latest **Volunteer Spotlight**.

[READ BEN'S SPOTLIGHT](#)

Data Stories



Walloper Lake, B.C. on May 12, 2023 (left) and August 11, 2023 (right). Photos by Megan Blackmore.

Did you know that the vast majority of lake biodiversity depends on **shorelines** during one or all life stages? It's where terrestrial and aquatic ecosystems meet, providing a diversity of species with food, habitat, and a safe space to rear young. Monitoring shorelines is an important part of National Lake Blitz.

Capturing snapshots of what lake shorelines look like throughout the seasons – and from year to year – provides important clues on lake health. Lake Blitz volunteer Megan Blackmore perfectly captured how the shoreline of **Walloper Lake, B.C.** changed from May 12th to August 11th of this year. Thank you Megan!



Why do we need Natural Lake Shorelines webinar hosted in August, 2023.

“Vegetated shoreline buffers (aka ‘Ribbon of Life’) are the natural shields protecting our freshwater lakes, rivers and streams” said Christine Callihoo, Executive Director of the Stewardship Centre for British Columbia, in the August Lake Blitz Summer Speaker Series webinar. “They mitigate erosion, provide vital habitat, and increase resilience to climate change for people and wildlife.”

Learn more about the advantages of conserving and restoring natural shorelines in this webinar recording recently added to our [YouTube channel](#).

[WATCH THE WEBINAR](#)

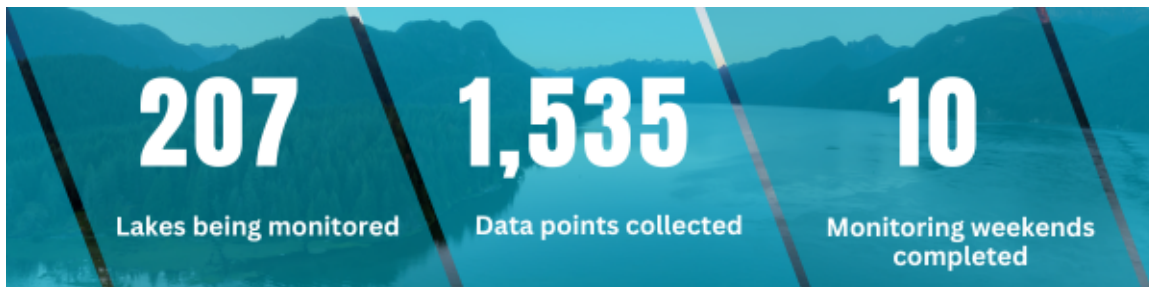
Other Opportunities



Weed pull in Nelson, B.C.

If you live in southern Ontario near Prince Edward County, consider joining the [Nature Conservancy of Canada](#) on October 12th for an invasive species pull. At this “So long, shrubs!” event in Milford, you will help hand-pull and hand-cut invasive shrubs, like buckthorn, lilac and honeysuckle. This will help protect native plants and birds at MapleCross Coastline Reserve. Learn more about this event [here](#).

October Lake Blitz Update:



Questions? Email Camille and Kaite at lakeblitz@livinglakescanada.ca

Office hours every Tuesday 12-1 pm PT / 1-2 pm MT / 3-4 pm ET

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Living Lakes Canada · 330 Baker Street, 202 A, Nelson, BC V1L 4H5, Canada

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